

# Blessing and Cleansing From The Lord's Supper

1 Corinthians 11:23-32

## Introduction:

The Lord's supper gives us an opportunity for spiritual growth and blessings if we approach it in the right attitude. What, then, must we do if the supper is to bring blessings and cleansing.

## Scripture:

23 For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; 24 and when He had given thanks, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me." 25 In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me." 26 For as often as you eat this bread and drink this cup, you proclaim the Lord's death till He comes. Examine Yourself 27 Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. 28 But let a man examine himself, and so let him eat of the bread and drink of the cup. 29 For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. 30 For this reason many are weak and sick among you, and many sleep. 31 For if we would judge ourselves, we would not be judged. 32 But when we are judged, we are chastened by the Lord, that we may not be condemned with the world. 33 Therefore, my brethren, when you come together to eat, wait for one another. 34 But if anyone is hungry, let him eat at home, lest you come together for judgment. And the rest I will set in order when I come.

## Key Points:

1. We are to look back. (Vv.23-26a)
2. We should look ahead. (V.26b)
3. We should look within. (Vv. 27-28, 31-32)
4. We should look around. (Vv. 33-34)

## Outline:

In order to receive blessings and cleansing from the Lord's supper:

1. We are to look back. (Vv.23-26a)
  - a. The bread
    - i. Broken it reminds us of Jesus's broken body.
      - (1) The body which was broken for us.
  - b. The Cup.
    - i. Reminds us of the shed blood of Christ
  - c. The reason we look back is to remember the death of Christ.
    - i. To remind us that everything we have as Christians centers in HIS death.
    - ii. To remember why HE died:
      - (1) HE died for forgiveness of sin yours and mine.
    - iii. To remember how he died:
      - (1) HE died willingly.

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- (a) 17 "Therefore My Father loves Me, because I lay down My life that I may take it again. 18 No one takes it from Me, but I lay it down of Myself. I have power to lay it down, and I have power to take it again. This command I have received from My Father." (John 10:17-18)
- 2. We should look ahead. (V.26b)
  - a. We should be looking ahead to Christ's return.
  - b. We may not be what we should be, but when we see HIM "We shall be like HIM"
    - i. 2 Beloved, now we are children of God; and it has not yet been revealed what we shall be, but we know that when He is revealed, we shall be like Him, for we shall see Him as He is. (1 John 3:2)
      - (1) Just think the day is coming that we will see Christ as HE is, what a blessing that will be.
- 3. We should look within. (Vv. 27-28, 31-32)
  - a. Paul did not say that we had to be worthy to partake of the Lord's supper, he said we had to take it in a worthy manner.
  - b. What does it mean to take the Lord's supper in a worthy manner?
    - i. We must examine our own:
      - (1) Hearts, judge our own sin, and confess it before God.
        - (a) It is this that brings cleansing out of the Lord's supper.
    - ii. To do otherwise would bring judgement under the body and blood of Christ.
      - (1) God chastens those HE loves and doesn't quit until we come to repentance.

### Conclusion:

The Lord's Supper is more than just a church ordinance it is an act of love and obedience or the believer in Christ Jesus. Will you take this time to examine your heart and judge and confess your sins, we will never be worthy to take the Lord's supper but we can take it in a worthy manner. Are you remembering your Lord and what the Lord's supper represents? If you are unable to take the Lord's supper because you have not received the Lord as your personal savior then I urge you today to do just that.